

Inclusion of children with ASD: Key issues for educators

Connie Kasari, PhD UCLA There are known knowns. These are things we know that we know. There are known unknowns. That is to say, there are things that we know we don't know. But there are also unknown unknowns. There are things we don't know we don't know.

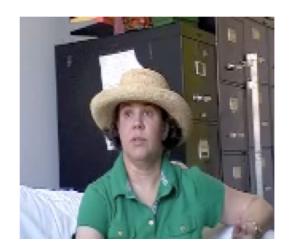
**Donald Rumsfeld** 

#### Remembering experiences at school

We have increasing knowledge about school experiences from highly verbal adolescents and adults with ASD

Recognition of differences between adult recollections and children going through it

Verbal ability differences....



## Examples from verbal children 3<sup>rd</sup> graders, age 8

Unaware of his situation

Aware but poor strategies





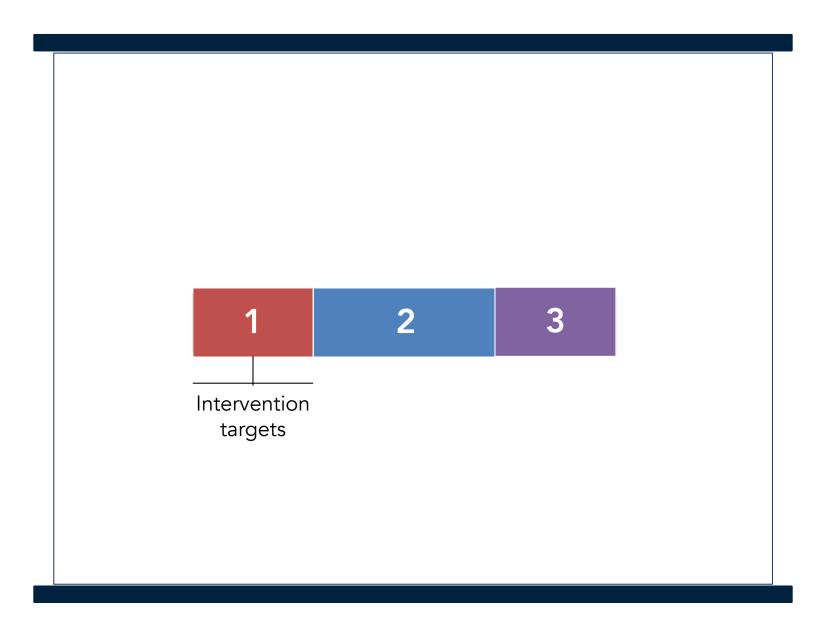
#### Variability in Experiences

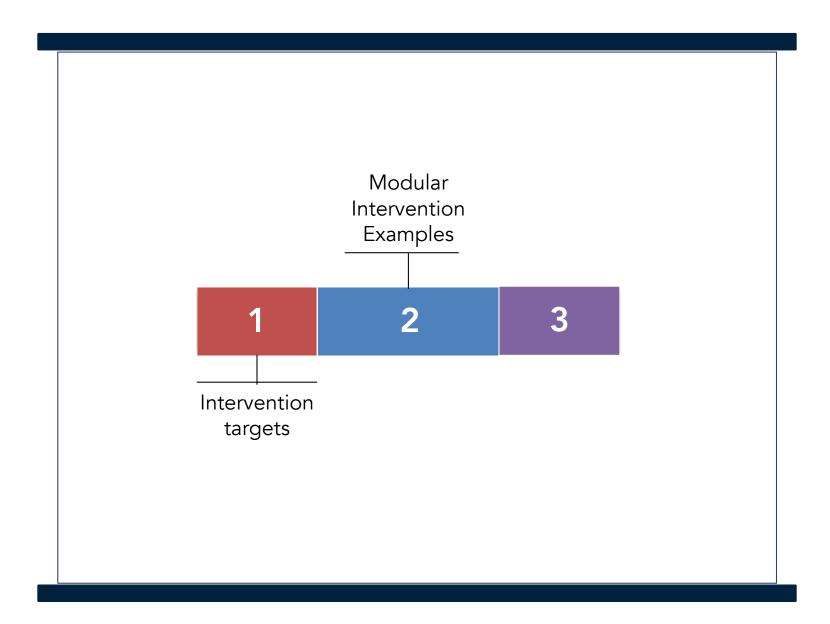
Great variability in how children experience their situations

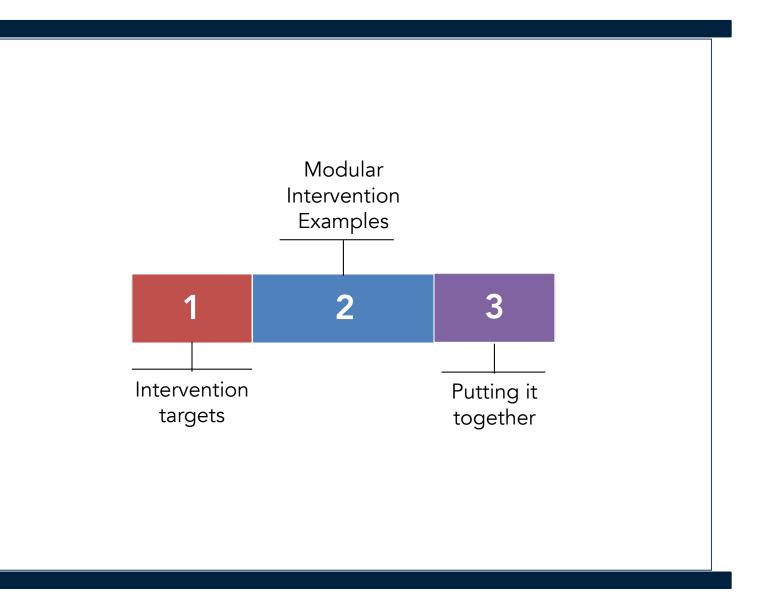
Interventions need to consider these experiences but often do not

We tend to offer the same intervention to everyone.....

Important to ask children themselves, and to observe them in natural environments







#### Known Known....

# Social, communication and behavioral difficulties

- May be difficult to interact with peers, develop friendships
- Poor adaptation to social situations in the moment
- Trouble managing demands



Social, communication and behavioral (executive function) issues can derail academic engagement

#### Proliferation of programs

Joint Attention symbolic Play Engagement egulation JASPER Early Start Denv Model ESDM Pivotal Response Training RT Floortime DIR Developmental Individua difference Relationship-based RDI Relationship evelopment Intervention Early Achievements Pr and mPACT PEERS Discrete Tria raining DTT V on VB SCER bcial Commu gula on Transactio Supports Un used Playtime Intervention Adapted Responsive Intervention Joint raining PRT Floortime Developmental Individu fference Relationship-based DIR Relationsh evelopment Intervention RDI Early Ac pject ImPACT PEERS Secret Age ociety Discrete Trial Train Verbal Beba

Most address social and communication impairments

They may or may not be tested

They may not be applicable to school context

So what to do?

## Determining Intervention Targets The importance of good assessment

#### Known Known....

Need multiple measures; Children are different across context and by reporter

#### Measurement Issues

Approach	Challenges
Parent Report	Parents not at school
Teacher Report	Teachers not on playground
Self Report	Understanding?
Observations	Limited in time and scope

### Complicated.....

Likely need multiple measures of children in school as a single measure may not characterize the child's social environment accurately

Measure example 1.....

Proximal measures from children themselves (self-and-peer report)

Page 1

#### FRIENDSHIPS SURVEY

What is your name? Nahomy Date: 10/14/09 School Name: Are you a Boy or a GIRL? (circle one) 1. Are there any kids in your class that you like to hang out with?

Who are they? (Use first names only; plus last initial if needed)

2. Circle the names of the 3 kids you most like to hang out with.

- 3. Put a STAR \* next to the name of the ONE kid you most like to hang out with.
- 4. How often do you play with the friend with the STAR next to their name? (circle one)

almost everyday

sometimes

only once in a while

5. Are there any kids in your class that you don't like to hang out with? Who are they? (Use first names only, plus last initial if needed)

6. What is your favorite game to play at school? Who do you play this

7. Are there kids in your class who like to hang out together? Who are they?

Remember to think about Boys and Girls. Remember to put yourself if you hang out with a group.

Write the kids names and then draw a CIRCLE around each tanna

## Social Network Measure yields information on....

Class peer connections (the map)

Popularity (salience) of the peer group

#### Reciprocity

Children nominate each other as friend

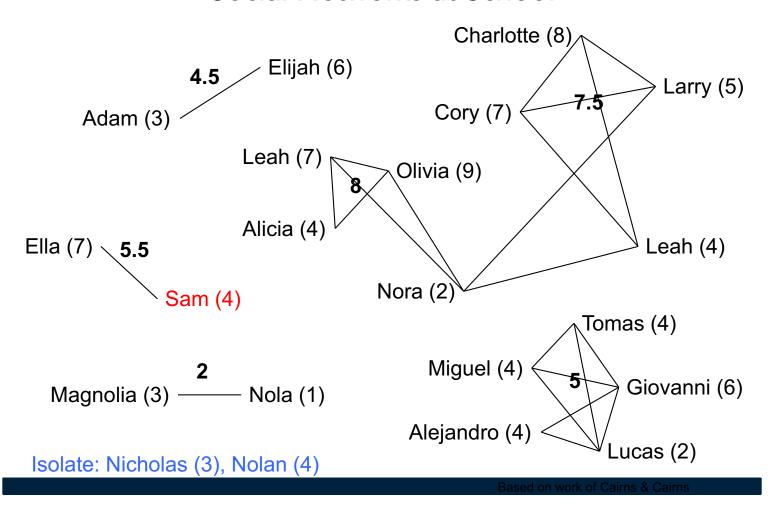
#### Outdegrees

o How many children child with ASD nominates as friends

#### Indegrees

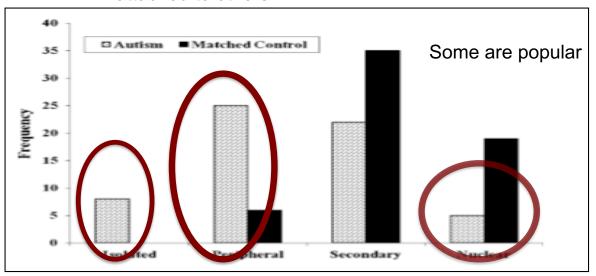
How many classmates nominate child with ASD as friend

#### Social Networks at School



#### Few children isolated!

Most are peripheral to the main social groups, just loosely attached to others



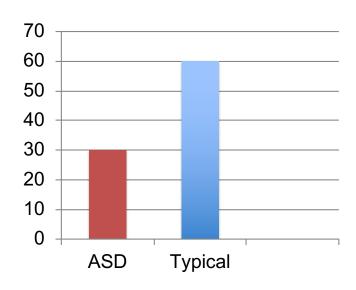
Chamberlain, Kasari, Rotheram-Fuller, *JADD*, 2007; Kasari et al, *JADD*, 2011; Rotheram-Fuller et al, *JCPP*, 2010

#### Friends and Reciprocity

Nearly all children can identify a friend and/or best friend

Over 90% of children with ASD can identify a friend during elementary ages, but this drops to less than 50% for adults

## Reciprocity is limited ...... 20% to 34% ASD 60% for typical children



Chamberlain et al 2007; Kasari et al, 2011

#### Measure example 2

How do self and peer report align with observations?

Engagement States

Int State Chi Initiations

States		Gen = I, Peer R = +, Peer NR = -	App Res = + Miss opp = -	
Solitary/isolated		Gen = 1, reer N = 1, reer NN =	App ites = 1 141133 Opp =	
·	1			
	2			
Proximity	3			
	4			
Onlooker	5			
	Ľ			
	6			
Parallel	7			
	8			
Parallel aware	9			
	10			
Joint engagement	11			
	12			
Games with rules	13			
	14			
	4-			

Chi Responses

#### **Peer Interactions at School**

Peer Engagement on the Playground

Children spend about 1/3 time jointly engaged

2/3 time is unengaged, or parallel aware

Children who are jointly engaged initiated and responded to peers more



Kasari, Locke, Gulsrud, Rotheram-Fuller, JADD, 2011

## Intervention Examples

#### Known Unknown

Known---children with ASD have social difficulties at school

Known Unknown----how best to intervene (personalization) for best outcome

## Most common intervention for children in schools?

- Paraprofessional aide (shadow teacher)
  - 2. Peers....buddy system in elementary; mentor in secondary

### Study 1: Peer versus adult mediated



## Making the connection: randomized controlled trial of social skills at school for children with autism spectrum disorders

Connie Kasari, Erin Rotheram-Fuller, Jill Locke, and Amanda Gulsrud

<sup>1</sup>Center for Autism Research and Treatment, Department of Psychiatry and Biobehavioral Sciences, University of California, Los Angeles, CA; <sup>2</sup>College of Education, Temple University, Philadelphia, PA; <sup>3</sup>Center for Mental Health Policy and Services Research, University of Pennsylvania, Philadelphia, PA, USA

Background: This study compared two interventions for improving the social skills of high functioning children with autism spectrum disorders in general education classrooms. One intervention involved a peer-mediated approach (PEER) and the other involved a child-assisted approach (CHILD). Method: The two interventions were crossed in a  $2\times 2$  factorial design yielding control, PEER, CHILD, and both PEER and CHILD conditions. Sixty children participated from 56 classrooms in 30 schools. Interventions involved 12 sessions over 6 weeks, with a 3-month follow-up. Outcome measures included self, peer and teacher reports of social skills and independent weekly observations of children on their school playground over the course of the intervention. Results: Significant improvements were found in social network salience, number of friendship nominations, teacher report of social skills in the classroom, and decreased isolation on the playground for children who received PEER interventions. Changes obtained at the end of the treatment persisted to the 3-month follow-up. Conclusions: These data suggest that significant improvements can be made in peer social connections for children with autism spectrum disorders in general education classrooms with a brief intervention, and that these gains persist over time. Keywords: Social skills, autism spectrum disorders, peer relationships, sociometrics, school.

- o 60 children
- All above 65 IQ
- Fully included general education
- 1st through 5th grade
- Primary measure: Social network change

### Study situated in schools

Child Assisted Approach

Peer Mediated Approach





Kasari, Rotheram-Fuller, Locke, & Gulsrud, 2012, JCPP

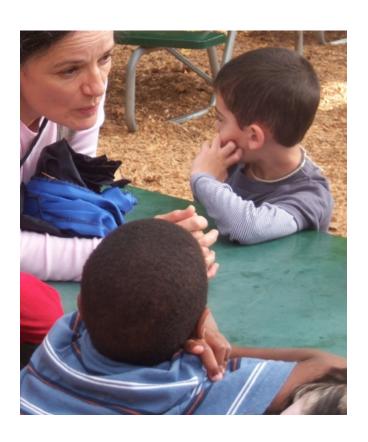
### Modular, individualized approach

#### Child Assisted

- Observed child on playground, obtained teacher reports, peer networks, self reports
- Determine top 3 problems for child engaging with peers
- Worked on 1 at at time



### Modular, individualized approach



#### Peer Mediated

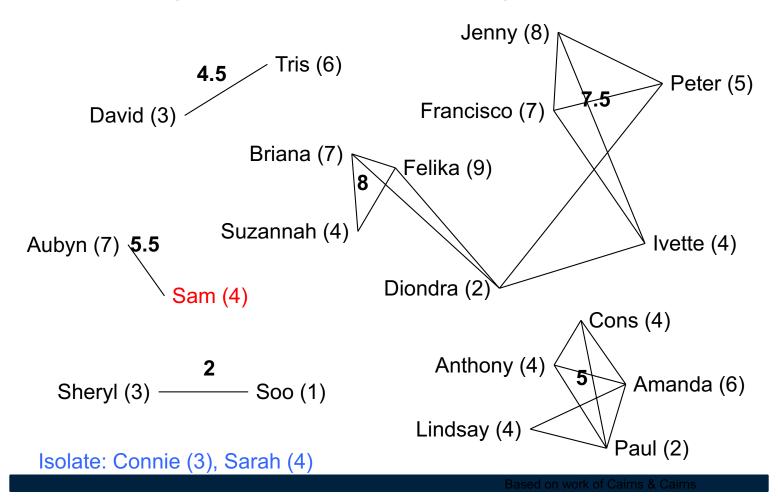
- o 3 peers willing from the class
- Had peers identify some children who had difficulty on playground
- Had peers generate ideas to help engage all children on the playground

### 2 x 2 study design 4 conditions

CHILD	PEER	
(1:1)	(3 peers)	
NO Treatment	CHILD+PEER	

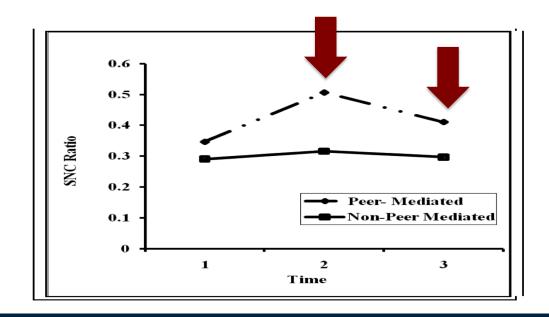
6 weeks, 12 sessions 3 month follow up

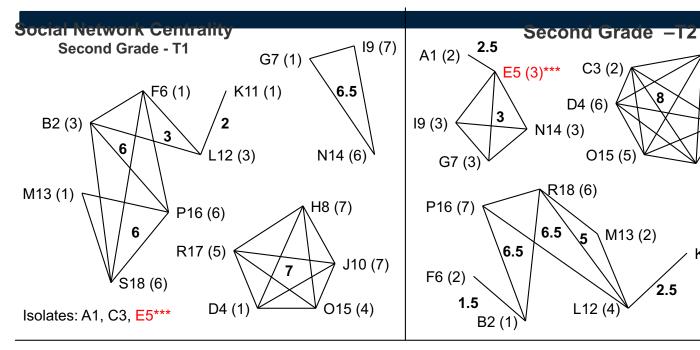
#### Social Networks at School

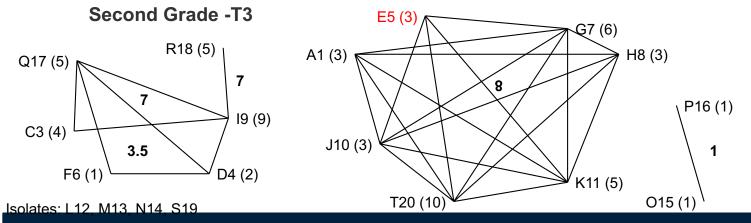


#### What we learned

Intervening with the peers made the most difference in engaging the children with ASD







H8 (8)

Q17 (6)

K11 (1)

J10 (8)

#### Also what we learned

CHILD	PEER
(1:1)	(3 peers)
NO Treatment	CHILD+PEER

6 WEEK TREATMENT (12 SESSIONS)

12 WEEK FOLLOW UP

- •Other Findings favoring Peer Mediated Interventions:
  - Number of Received Friend Nominations (d=.74)
  - Less isolated on playground (growth curves over tx)
  - Improved rating of social skills (by Teachers) (d=.44)

#### Issues?

- o Concerns of some (other student parents and teachers)
- o Generalization across contexts

## Inclusion can have negative effect on other classmates?

The Argument

- The time required of the teacher to help the child with ASD will take time from other children
- The other children will not be interested in playing with the child with ASD, especially if the child has unusual behaviors

#### Common solution

- Assign child a 1:1 aide or shadow teacher
- For many reasons this may be the most restrictive solution---taking the child out of the mainstream (but depends.....)
- Teacher behavior has more to do with teacher than with child